## I **≝Dance**Complex I

## Udaiyavar: An Offering in Odissi Dance



**Cambridge, MA- February 18, 2019-** The Dance Complex and The Avantica Academy of Odissi Dance present *Udaiyavar: An Offering in Odissi Dance* by Suprita Trilok, March 24th 2019 at 7PM.

Odissi is one of eight Indian classical dance forms, from the state of Orissa in Eastern India. It is one of the oldest surviving dance forms of India based on archaeological evidences. It has its roots in ritual temple dancing dating back to the 2nd Century BCE and brings to life the sculptures that decorate the walls of ancient temples. It is particularly distinguished from other classical Indian dance forms by the importance it gives to the Tribhangi (literally: three parts break), the independent movement of head, chest and pelvis and upon the basic square stance known as Chauka or Chouka that symbolizes Lord Jagannath.

Udaiyavar explores the concept of the Transcendent Being, who creates but also destroys, reveals but also mystifies, offers but also takes away. This seemingly dichotomous force, however, reveals itself to be a regenerative cycle, one where destruction, illusion, and separation pave the way for rebirth, liberation, and union.

Suprita Trilok is an Odissi Indian classical dancer whose work is defined by virtuosic skill and deep insight into the form and stories she conveys. This holistic approach connects her with audiences across religion, race, culture and gender. Suprita began her journey in Odissi from Guru Nivedita Mukherjee in Mumbai, India. In 2009, she immigrated to the United States where she continued her training under one of the most celebrated US based Odissi dancers today, Shipra A. Mehrotra at the Avantica Academy of Odissi Dance.

This performance will take place in the loft-style Julie Ince Thompson Theatre where thousands of companies and dancers of international acclaim have explored, created, and shared work for over 30 years.

Beer, wine, and beverages are available for purchase. For accessibility/ADA information, please visit our website. Tickets and more information available at dancecomplex.org.

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